



ILSA Southchurch & Westcliff

Student Positive Behaviour Policy for
Students with Physical Needs – student copy

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This policy helps everyone understand how to behave in college so we can all learn, feel safe, and enjoy our time together. We believe in “Therapeutic Thinking Approach” at our college. This means we focus on:

- Understanding your feelings and why certain behaviours happen.
- Helping you learn how to manage feelings in positive ways.
- Working together to solve problems calmly and respectfully.

Our College Expectations: How to Be Ready, Respectful, and Safe

At college, we expect students to:

1. Be Respectful:

- Use kind words and actions.
- Treat others how you want to be treated.
- Respect college property and keep our spaces clean and tidy.

2. Be Ready to Learn:

- Come to college on time.
- Bring everything you need for lessons.
- Listen and follow instructions from staff.

3. Be Safe:

- Move around the college calmly and carefully.
- Follow health and safety rules.
- Behave safely online and in person.

How We Support You

- All staff use the ESSET Therapeutic Thinking Approach.
- They will stay calm and help you think about what happened.
- They will give you time to make better choices.

- We focus on restorative conversations to help you fix problems and move forward.

What Happens if Something Goes Wrong?

Minor Behaviours:

Examples:

- Being noisy in class.
- Not following instructions.
- Using unkind or inappropriate words.

What happens next?

1. A staff member will talk to you about your behaviour.
2. They will explain what went wrong and why.
3. Together, you will make a plan to improve.

Example: If you were noisy, your plan might include practicing quiet listening in the next lesson.

Serious Behaviours:

Examples:

- Hurting others or threatening violence.
- Damaging property.
- Bringing unsafe items to college (like a knife).

What happens next?

1. You will meet with staff, family, and possibly other professionals to discuss what happened.
2. We will agree on actions to keep everyone safe.
3. You might receive a formal warning, suspension, or exclusion.

We always aim to help you learn from mistakes.

What Are Restorative Conversations?

If something goes wrong, we focus on fixing the problem and restoring relationships. During a restorative conversation, staff will:

1. Gently explain what happened.
2. Ask how you feel and listen to your perspective.
3. Help you think about how to fix the situation.

Recognising Your Achievements

We love celebrating positive behaviour!

- Rewards may include: certificates, phone calls home, or special activities.
- Staff will always notice and praise when you are working hard or being kind.

Therapeutic Thinking at College

- We believe behaviour is a way of communicating how you feel.
- Staff are here to help you feel calm, safe, and supported.
- We focus on building positive relationships and solving problems together.

If You Need Extra Help

If you find behaviour or learning tricky, we will:

- Work with you and your family to create a support plan.
- Give you tools and strategies to feel confident and successful.
- Connect you with services, like mental health support or counselling, if needed.

Staying Safe Online

- Be kind when using social media or online platforms.
- Never share personal information online.
- Report any harmful or unsafe messages to staff.

Who Can Help You?

If you're worried, upset, or unsure, talk to:

- Your teacher.
- A trusted member of staff.
- Your family or carers.

This policy is designed to help everyone feel supported, respected, and valued in our college community.