

## Our Designated Lead



### Tricia North

Head of Adult Learning

### Deputy & Prevent : Jay Ellis

Head of 16-19yrs/ SEND

### Deputy: Caroline Quirk

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### Safeguarding Officers are:

Alison Jack

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Helen Black

### Email:

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**Phone:** 01702 444 588

Look for the hand on staff lanyards and outside rooms to find a specially trained member of staff who can listen and help you.



Sept 22-23

## Staying Safe Online

- Never share personal details or photos online that can identify you.
- Never share your passwords and change them regularly.
- Check your privacy settings on social media sites Be cautious, people can be lying about their age or who they are online.
- Be careful, don't get involved with online scams. Check emails addresses carefully if in doubt double check
- Online abuse and posting or sharing images of someone online without their permission is a criminal offence.
- Never create, share or send sexually explicit messages, images or videos.
- Always report offensive material / messages to the college, site or service provider immediately.

**Domestic Abuse-***If you are worried about someone keep the lines of communication open*

- Anyone can be a victim regardless of sexual identity, age, ethnicity and social status
- Experiencing and witnessing DA can have a serious long lasting impact
- Domestic abuse can involve financial, physical, emotional abuse or controlling behaviour

**southend** adult  
community college 

## Safeguarding & Wellbeing



## Guidance for Learners

If you see a person that's upset or they tell you something that makes you worried:

- **ALWAYS** report it
- **NEVER** promise confidentiality
- **TELL THEM** you have to pass it on

## Safeguarding



Southend Adult Community College is committed to creating and maintaining a safe and positive environment for all members of the College community, including learners, staff, visitors and volunteers. The College welcomes all individuals regardless of gender, disability, age, ethnicity, sexual orientation or faith.

### As part of the College community you are expected to:

- Contribute to a safe environment.
- Report concerns about the welfare of others.
- Respect your surroundings and show respect and courtesy to others.
- Follow health and safety requirements and report any concerns to your tutor or to reception.

### There is an expectation to treat all learners and staff with respect.

The College will not tolerate any form of bullying, either face-to-face or online. This also applies to racist or sexual comments, harassment or abuse.

If you notice any of the following report it to your tutor or one of the safeguarding team,

## Exploitation



This is when an individual or group uses power or influence to control, coerce or manipulate someone.

### This may be through :

- Using things the victim wants or needs.
- Financial gain and debt.
- Violence or threat of violence.
- Sexual threats, acts or coercion.

### Contact a member of staff if you are worried

## Preventing Radicalisation and Extremism

This is when someone actively opposes our values (democracy, liberty rule of law & respect and tolerance for all).

**Fact check information** – look at a variety of viewpoints and sources. Just because it is on the internet it does not mean that it is true.

### Possible signs of radicalisation include:

- Downloading, viewing or sharing extremist materials
- Becoming withdrawn and focused on one view of the world
- Becoming increasingly unaccepting of other people's opinions.
- A change in appearance and becoming isolated from family and friends.

## Wellbeing



We want you to enjoy your course and your time with us. Let your tutor or one of the Safeguarding Team know if you are...

- suffering from mental health problems, such as depression and anxiety
- unable to cope
- worried you might hurt yourself or someone else
- at risk of becoming homeless
- concerned about managing your money.

## Sexual Harassment & Abuse

**Sexual violence, harassment or bullying is not acceptable and will never be tolerated.**

This includes:

- Sexualised comments, jokes, names, gestures or rumours.
- Unwanted or unnecessary physical behaviour.
- Showing photos or images with sexual content .
- Sexualised online behaviour, this includes, coercion, or sharing and/or showing indecent images.