

## **Safeguarding Leads are:**

**Tricia North**

Assistant Principal

**Jay Ellis**

Head of SEND



## **Safeguarding Officers are:**

**Liz Aarons**

Additional Learning Support Manager

**Keeley Donati**

Assistant Principal

**Debbie Angel**

Programme Manager

## **Email:**

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**Look for the hand on staff lanyards and outside rooms to find a specially trained member of staff who can listen and help you.**

## **Staying Safe Online**

- Never share your passwords and change them regularly.
- Only answer messages or respond to friend requests from people you know and have met.
- Never share personal details or photos online that can identify you.
- Check your privacy settings on social media sites. Regularly keep your profile secure and only visible to the people you know and want to see it!
- Be cautious, people can be lying about their age or who they are online.
- Be careful, don't get involved with online scams. If it seems too good to be true, it usually is.

### **Remember!**

- You leave an electronic footprint online. Online abuse and posting or sharing images of someone online without their permission is a criminal offence.
- Never join in cyber conversations that involve others being bullied or abused, you will implicate yourself even if you are a 'bystander'. Save the evidence and report it to someone who can help
- Always report offensive material / messages to the site or service provider right away.
- Use SACC Moodle for group chats rather than social media.

  
**Southend adult**  
community college



## **Safeguarding & Wellbeing**

## **Guidance for Learners**

## Safeguarding



Southend Adult Community College is committed to creating and maintaining a safe and positive environment for all members of the College community, including learners, staff, visitors and volunteers. The College welcomes all individuals regardless of gender, disability, age, ethnicity, sexual orientation or faith.

As part of the College community you are expected to:

- **contribute to a safe environment**
- **report concerns about the welfare of others.**
- **respect your surroundings and show respect and courtesy to others**
- **follow health and safety requirements and report any concerns to your tutor or reception.**

If you see a person in distress or they tell you something that means they may be at risk, always report it. Don't try to resolve it and never promise confidentiality. Tell them you have to pass it on.

The College will not tolerate any form of bullying including cyber-bullying.

**If you notice any of the following report it to your tutor or one of the safeguarding team**

## Exploitation

This is when an individual or group uses power or influence to control, coerce or manipulate someone

This may be through

- **using things the victim wants or needs**
- **financial gain and debt**
- **violence or threat of violence**

**Contact a member of staff if you are worried**

## Preventing radicalisation and involvement in extremism

This is when someone actively opposes our values (democracy, liberty rule of law & respect and tolerance for all).

Possible signs of radicalisation include:

- **downloading, viewing or sharing extremist materials**
- **becoming withdrawn and focused on one view of the world**
- **becoming increasingly unaccepting of other people's opinions**
- **change of appearance and becoming isolated from family and friends**

## Wellbeing



We want you to enjoy your course and your time with us, Let your tutor or one of the Safeguarding Team know if you are...

- suffering from mental health problems such as depression and anxiety
- unable to cope
- worried you might hurt yourself or someone else
- at risk of becoming homeless
- concerned about managing your money

**We will do our best to support you!**

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