

Preventing radicalisation and involvement in extremism.



Prevent is the Government strategy to stop people becoming terrorists or supporting terrorism.

Prevent is a support system to help people at risk.

Vulnerable people including children, young people and adults can be exploited by people who seek to involve them in terrorism and activities in support of terrorism.

Possible signs of radicalisation include:

- downloading, viewing or sharing extremist materials
- becoming withdrawn and focused on one view of the world
- becoming increasingly unaccepting of other people's opinions
- change of appearance and becoming isolated from family and friends
- telling you they plan to take part in or support extremist activity

If you notice any of the following report it to your tutor or the specialist team.

The threat is real and affects everybody

Staying Safe Online



- Never share your passwords and change passwords regularly.
- Only answer messages or respond to friend requests from people you know and have met.
- Never share personal details or photos online that can identify you.
- Check your privacy settings on social media sites. Regularly keep your profile secure and only visible to the people you know and want to see it!
- Be cautious, people can be lying about their age or who they are online.
- Be careful, don't get involved with online scams. If it seems too good to be true, it usually is.
- **REMEMBER!** You leave an electronic footprint online. Online abuse and posting or sharing images of someone online without their permission is a criminal offence.
- Never join in cyber conversations that involve others being bullied or abused, you will implicate yourself even if you are a 'bystander'. Save the evidence and report it to someone who can help.
- Never respond to cyber bullying but save all messages, pictures, texts, emails or other offensive material as evidence. If you delete them it is more difficult to take action.
- Always report offensive material/messages to the site or service provider right away.
- **TELL SOMEONE** - seek help from someone you trust.

**Southend adult
community college**

Safeguarding and Wellbeing

Guidance for Learners



**Keeping you healthy,
happy and safe**



**Dream
Believe
Achieve**

Safeguarding



Southend Adult Community College is committed to creating and maintaining a safe and positive environment for all members of the College community including learners, staff, visitors and volunteers. The College welcomes all individuals regardless of gender, disability, age, ethnicity, sexual orientation or faith.

Keeping you healthy, happy and safe at College

As part of the College community you are expected to:

- contribute to a “safe environment”
- follow health and safety requirements and report any concerns to your tutor or reception
- respect your surroundings and show respect and courtesy to others
- show respect to your environment and do not waste resources
- report concerns about the welfare of others.

The College will not tolerate any form of bullying including cyber-bullying.

Remember...

If you see or hear it and do not report it - you are a part of it.

If you laugh at it you are part of it.

Look for the hand to find a specially trained member of staff who can listen and help you.



The College takes your safety seriously! All college staff are here to support you.

If you have concerns that a student is being mistreated or harmed - report it to your tutor or any member of staff.

Our designated Safeguarding Officers are:



Leo Lord

Whole College (Adults)
01702 445727 or ext 127



Judy Taylor

Full-time Learners & Apprentices (aged 16-19 years)
01702 444581 or ext 202



Georgina Eastham

Learners with a Learning Disability
01702 445709 or ext 109



Kate Salleh

Westcliff Centre
01702 330617



Anne Horn

Prevent Officer
01702 444581 or ext 188

Wellbeing



We want you to enjoy your course and your time with us, let your tutor or one of the specially trained Safeguarding Team know if you are...

- suffering from mild to moderate mental health problems such as depression and anxiety
- feeling stressed
- worried about yourself, your friends or your family
- unable to cope
- worried you might hurt yourself or someone else
- at risk of becoming homeless
- concerned about managing your money

We will do our best to support you and sign post you

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